

Quebec adventure

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2004 season



Rafting, visite of Quebec 14 days / 13 nights

This adventure is offered to any outdoor adept, beginner or expert. Participants will discover Quebec and see its many aspects. The 14 days include 10 days of rafting on the most popular Quebec rivers, under supervision of our expert guides, who will initiate participants to river navigation.

Leisure travelers will also visit two of the largest cities in Quebec: Montreal and Quebec City. During their stay, they will see the Laurentians, the Mauricie, Lac St-Jean and the greater Quebec region.

Days on the river are interrupted with visits as well as complementary activities. The stay will unfold with an atmosphere of adventure and relaxation. No endless bus rides, travel movements will be limited to 3 hours per day to ensure maximum enjoyment.

Technical file :

Visited regions : Montreal, Laurentians,
Mauricie, Lac St. Jean
Type of activities : Rafting
Duration : 14 days / 13 nights
Difficulty level : Intermediate - advanced
Departure location : Montreal



514-990-2451 / 1-800-815-7238

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Itinerary :

- Day 1:** **Montreal:** Arrival and transfer from the Airport to the Hotel.. Supper and evening with no planned activities.
- Day 2:** **Laurentians:** Breakfast. Departure for the Rouge River. Initiation to wild water in rapids of Class III (Canyon section). Discover of Quebec's wild water, learning of the technical basis and wild camping at night with panoramic view of the Rouge River valley.
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- Day 3:** **Laurentians:** After a splendid rise in wild camping, we take off for a trek in the Rouge River trails. At the end of the afternoon, back to the base for some free time (archery, kayak, swimming, etc.)
- Day 4:** **Laurentians / Montreal:** After some quick explanations, you'll go down the Rouge river, the first one to be exploited in rafting in Quebec. During the day, you'll face the Elisabeth Crest, the Washing Machine, the Mushroom and many other rapids. The Classes II to V rapids are awaiting you. Lunch and supper on the verge of the River. Departure for Montreal, evening in the Old Montreal, sleeping at the hotel.
- Day 5:** **Montreal:** Visit of Montreal, discovery of the Lachine rapids in hydro jet or in rafting (your choice). You'll travel down the famous rapids that Jacques Cartier had to fight to discover Montreal. Departure for the Mauricie Park close to Trois-Rivières. Night in the Park.
- Day 6:** **Mauricie:** Park visit. Trekking in the most beautiful places of the Park. Visit of the Cutters' Village and departure for the Mattawin River!
- Day 7:** **Mauricie:** Preparations for a two-days rafting-camping trip. Afternoon on the Mattawin River, four hours of descent. Meals and night on the sandy banks of the River.
- Day 8:** **Mauricie / Lac St-Jean:** Descent of the Mattawin's second section. You will go down Class III to V rapids. The landscapes and the fauna will be breathtaking. After these two days of rafting, you will travel to the Lac St-Jean for a night at the Desbiens camping.
- Day 9:** **Lac St-Jean:** Descent of the Mistassibi River, the largest river of the region. This four-hour descent will stay forever engraved in your memory. We will then move over to the Shipshaw River and will sleep at the camping of the same name.

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- Day 10:** **Lac St-Jean:** Descent of the Shipshaw River. This is a dam-controlled river, to ensure a perfect streaming. You will be able to swim in wild water and jump from the top of the cliff. Evening in Chicoutimi and discovery of the region. Sleeping at the Shipshaw camping. Courses in navigation, aquatic safety and guiding technique.
- Day 11:** **Lac St-Jean:** We will travel down the same section of the river, but this time, you will guide the raft yourself, under the supervision of a kayaker guide. Sleeping at the Shipshaw camping.
- Day 12:** **Quebec:** Departure for Quebec City. Visit of the beautiful capital, Montmorency Falls, Château Frontenac and Old Quebec. Sleeping at the hotel.
- Day 13:** **Quebec:** Descent of the Jacques-Cartier river. Sleeping in the Jacques-Cartier Valley.
- Day 14:** **Montreal:** Back to Montreal. Dinner at your discretion for the end of the adventure, and shuttle back to the airport for the return flight.

The package includes :

- Transport between various activity sites
- Raft guide/ Safety kayaker
- Raft, paddle, life jacket, helmet, wet suit
- Tent, floor mat, sleeping bag
- Camping gear
- Watertight barrels for personal effects
- 3 hotel nights
- 6 nights in wilderness camping
- 4 camping nights with services
- 55 meals

The package does not include :

- Personal expenses
- Lunch days 5, 12 and 14
- Dinner days 14
- Guide tipping

Departure date :

- June 20, 2004, 6 participants min.

Type of package :

Double-occupancy accommodation
Single-occupancy supplement

Price per person :

\$ 2,465,00+taxes
\$ 160,00+taxes

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